



WELCOME TO THE HARVEST CELEBRATION



On Saturday, October 4, farms from Enumclaw to Woodinville will open their gates to the public. You are invited to tour the fields, pick your own pumpkins, press cider, bring the kids to meet the animals, or just enjoy a day out in the country. This free event is fun and educational for the whole family, so come experience your Puget Sound foodshed! Please dress for the weather, wear sturdy shoes, and bring a detailed map. See you there!

Make sure to check the Harvest Celebration Farm Tour web site at www.metrokc.gov/wsu-ce/Farmtour for updates to this brochure. We'll be updating the web site frequently, so check back often for recently-added events, demonstrations, and information!

WHAT IS A FOODSHED?


The word foodshed describes how food flows — from production to consumption. The foodshed concept uses the analogy of a watershed to answer the questions “Where is our food coming from and how it is getting to us?” and to picture how the local and regional food supply system works.



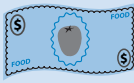
PARTICIPANT IN THE WASHINGTON STATE UNIVERSITY AND KING COUNTY DITCH MAINTENANCE RESEARCH PROJECT

This study's goal is to determine effective and economical means to maintain agricultural watercourses without further degrading fish habitat and water quality. For links to more information, visit <http://dnr.metrokc.gov/wlr/waterres/fnd/index.htm>



A single horse generates about 50-pounds of manure per day! Depending on how manure is managed, it can be either a valuable resource or an environmental danger. Landowners in King County are implementing farm plans and other land management techniques to insure manure is properly disposed of and local water quality is protected. If you are interested in using composted manure as a soil amendment, contact the King Conservation District for sources and the WSU Extension King County office for how to use it. To see examples of how livestock manure and bedding is being managed, please visit farms with the  symbol.

FIVE WAYS TO VOTE FOR LOCAL FARMS WITH YOUR FOOD DOLLAR



1. Shop at your local farmers market. Go to www.wafarmersmarkets.com to find a market near you.
2. Whenever possible, purchase grown-in-Washington foods at your grocery store. Encourage your grocer to support the “From the Heart of Washington” program by stocking more Washington-grown foods. For info go to www.heartofwashington.com.
3. Pack up the family and visit one of the many u-pick farms to harvest your own in-season fruits and vegetables. For a list of u-pick farms, go to the Puget Sound Fresh web site at <http://dnr.metrokc.gov/wlr/farms/>.
4. Patronize restaurants that feature locally grown produce on their menus.
5. Join the growing number of people who purchase a “share” in a community supported agriculture farm, and in return receive regular deliveries of produce throughout the growing season. Call Seattle Tilth at 206-633-0451 or go to www.seattletilth.org for a list of CSA farms that serve your area.

FARMERS MARKETS

If you can't make it to the Harvest Celebration Farm Tour you can always find great local produce and flowers at the farmers markets on this list.

Issaquah Public Market Saturdays, 9 to 3 Open through 10/18 Pickering Barn — 1730 10 th Ave. NW	Pike Place Market Mon - Sat, 9 to 6 Sundays, 10 to 5 Open all year Pike Place, between Pike St. & Virginia St. (Seattle)
Kirkland Wednesday Market Wednesdays, 12 to 7 Open through 10/15 Park Lane E between 3 rd & Main	University District Farmers Market Saturdays, 9 to 2 Open through 11/22 NE 50 th and Univer- sity Way NE (Seattle)
North Bend Farmers Market Saturdays, 9 to 1 Open through 10/25 Main & Park at SR 202	West Seattle Farmers Market Sundays, 10 to 2 Open through 11/23 SW Alaska St. & California Ave. SW (Seattle)
Redmond Saturday Market Saturdays, 9 to 3 Open through 10/25 7730 Leary Way	White Center Farmers Market Saturdays, 10 to 2 Open through 10/25 15 th Ave. SW & SW Roxbury (Seattle)
Ballard Farmers Market Sundays, 11 to 4 Open through 11/2 5300 Ballard Ave. NW (Seattle)	Vashon Island Growers Association Farmers Market Saturdays, 9 to 2 Wednesdays, 9 to 12 Open through 10/11 Vashon Hwy SW & Bank Rd.
Columbia City Farmers Market Wednesdays, 3 to 7 Open through 10/15 4801 Rainier Ave. S at Edmunds St. (Seattle)	Woodinville Farmers Market Saturdays, 9 to 4 Open through 10/18 13205 NE 175 th St.
Lake City Farmers Market Thursdays, 3 to 7 Open through 10/16 NE 127 th St. and 30 th Ave. NE (Seattle)	Burien Farmers Market Thursdays, 11 to 6 Open through 10/02 SW 150 th St. and 4 th Ave. SW
Magnolia Farmers Market Saturdays, 10 to 2 Open through 10/18 2550 34 th Ave. W (Seattle)	

THANKS TO ALL OF OUR SPONSORS FOR MAKING THE HARVEST CELEBRATION A REALITY!

GOLDEN PITCHFORK SPONSORS (\$3000.00+)



PUMPKIN SPONSOR (\$1000.00 - \$2999.00)



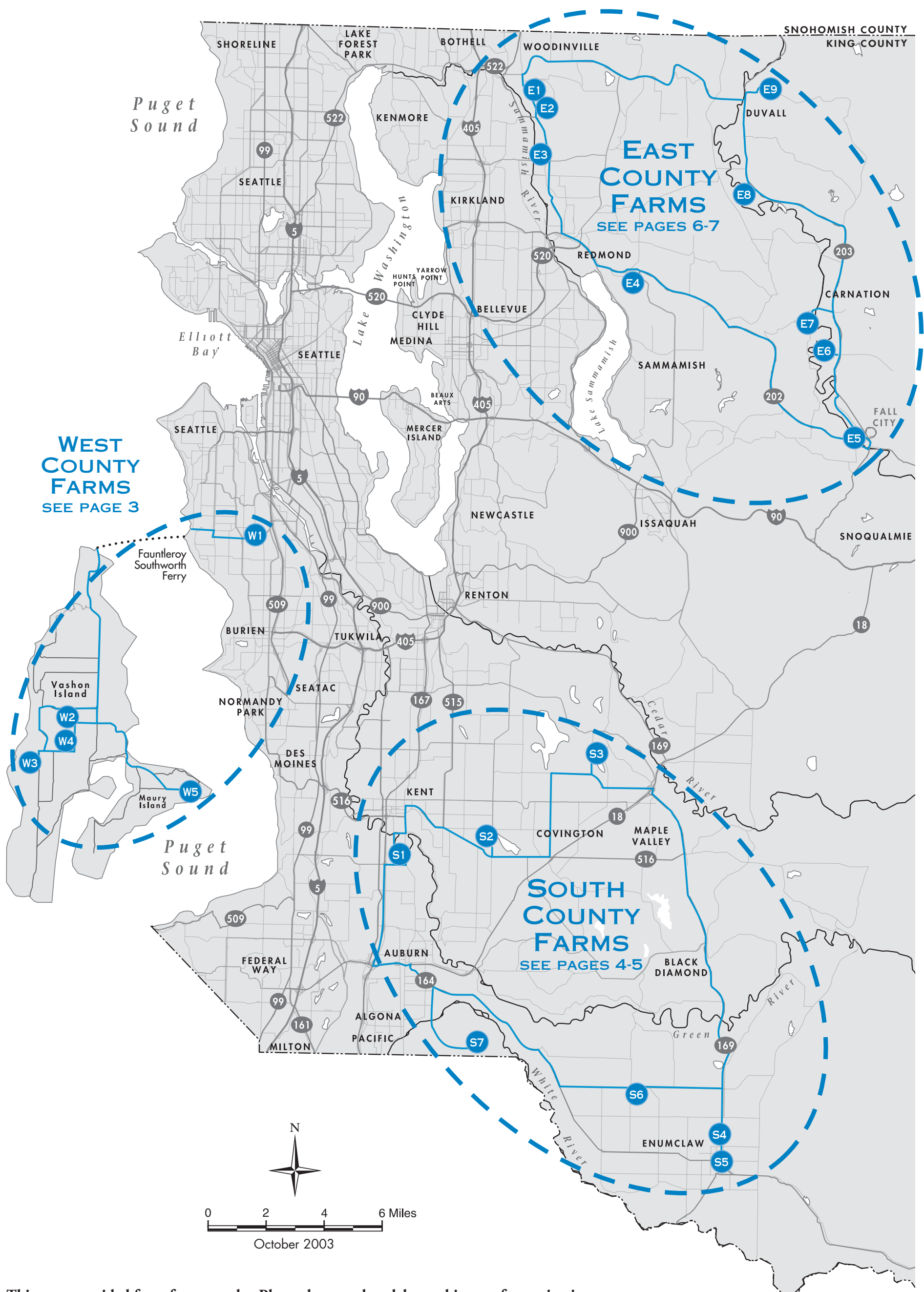
CARROT SPONSORS (\$500.00 - \$999.00)

King/Pierce Counties Farm Bureau
Pacific Northwest Bank
Sustainable Agriculture Network
Pioneer Organics
The Herbfarm Restaurant
Whole Foods

PEAS IN A POD SPONSORS (\$50.00 - \$499.00)

Neighborhood Farmers Market Alliance (NFMA)
Seattle Tilth
Living Shelter Design
Colvos Creek Nursery
Hayes Nursery
Essential Baking
Thundering Hooves
Redhook Ale Brewery
Seattle's Best Coffee
Baci Catering and Café
Café Juanita
Willows Lodge

If you require special accommodation, call WSU Cooperative Extension King County at 206-205-3206 at least two weeks prior to the event.
No endorsement of any farm is implied, nor is criticism of unnamed farms implied.



This map provided for reference only. Please do not rely solely on this map for navigation.

WEST SEATTLE

W1 Marra Farm
9026 4th Ave. S



Before hopping on the Vashon ferry or upon arriving from the island, visit this 4.5-acre, historic farm to learn about this fantastic community effort to grow produce in the city for the city. The non-profit groups farming at Marra Farm produce an array of vegetables, fruits, and herbs that support the surrounding community. Local youth sell produce they grow. Local P-Patchers grow food for their families and neighbors, and local food banks and low-income families receive Marra Farm produce on a weekly basis through deliveries and on-site pick up. Stop by for a farm tour between 10 a.m. and 3 p.m. Samples and food, games, music, and other activities for kids. Public restroom available.

Southbound from I-5: Take the Swift/Albro Exit, turn right at the bottom of the off ramp, continue to a left turn onto E Marginal Way, then turn right over the 16th Avenue South Bridge. Turn right on Cloverdale at the first light, left at 5th Ave. S. The street will end at S Director St.

Northbound from I-5: Take Corson Exit. Follow road to left turn on East Marginal Way. Continue as for southbound I-5

Ferry to Vashon Island — Fauntleroy Southworth Ferry, 4829 SW Barton, Seattle

Directions from Marra Farm to the Fauntleroy Southworth Ferry: Get back on S. Cloverdale St. heading west (turn left on S. Cloverdale St.). S. Cloverdale St. becomes 1st Ave. S. Slight right on Olson Place S., slight right on SW Roxbury St. Turn right (north) onto 35th Ave. SW, turn left (west) on SW Barton St., left (south) on California Ave. SW. This becomes SW Brace Point Dr. Slight right onto SW Wildwood Place, turn right (north) onto Fauntleroy Way SW. Left (west) onto SW Barton.

VASHON

W2 Island Meadow Farm
10301 SW Cemetery Rd.



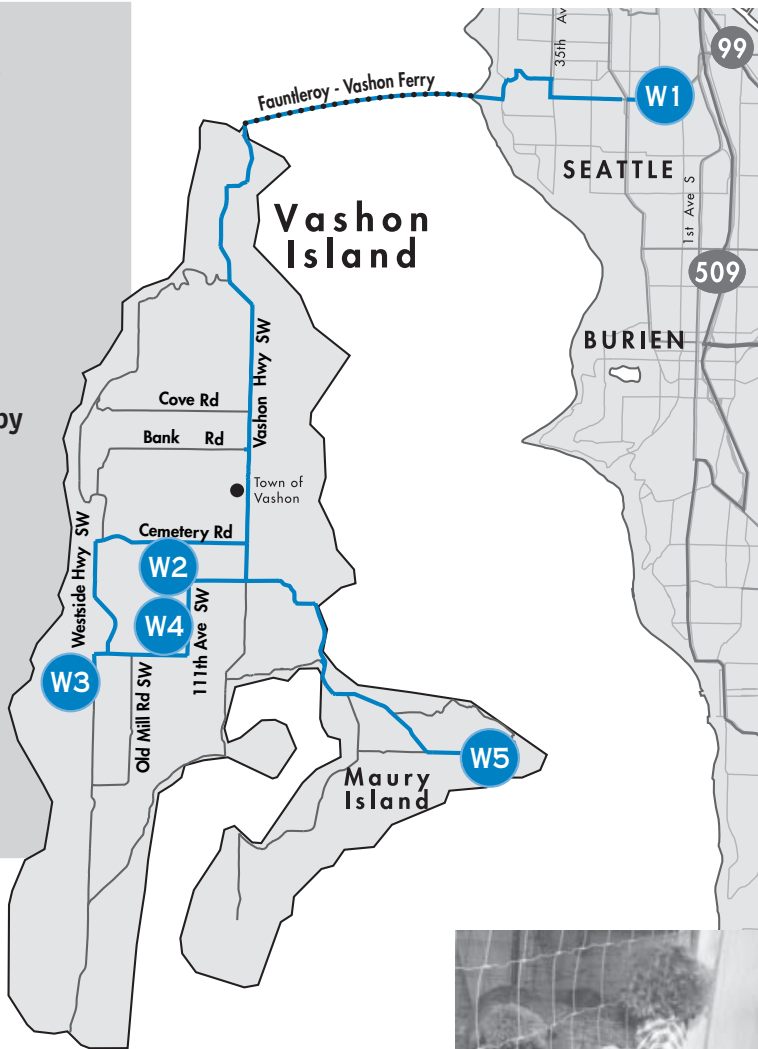
Meet the farmers who run this diverse organic farm in the heart of Vashon Island. The farm produces in-season vegetables, berries, herbs, nuts, gourmet salad mix, flowers and eggs for sale at the farm stand. You can also find out about Community Supported Agriculture, where customers purchase a “share” in the farm in exchange for a weekly bag of produce throughout the growing season. Stop by the stand for tomatoes, salad mix, hazelnuts, winter squash, pumpkins, chard, kale, and more.

South on Vashon Highway through town to Cemetery Rd. SW, turn right (west) onto Cemetery at Seattle's Best Coffee, turn left in .25 mile at sign, follow signs to parking in orchard.

REMEMBER, THESE ARE WORKING FARMS. PLEASE RESPECT OFF-LIMIT AREAS AND LEAVE DOGS AND OTHER PETS AT HOME.

KEY TO FARM SYMBOLS

- Farms growing fruit, vegetables, and herbs
- Farms raising animals
- Farms raising trees and nursery plants
- Farms with special educational events or demonstrations coordinated by WSU Extension King County
- Farms offering music and/or storytelling
- Public restroom available
- Research Project Farm (see page 1)
- Farms with managed livestock manure and bedding (see page 1)



W3 Island West Alpacas
21204 Westside Hwy SW



www.islandwestalpacas.com

Alpacas are lovable earth-friendly animals producing some of the world's best fiber in 22 natural colors. Visit this island alpaca ranch for the second year in this popular event. Meet adult alpacas and their crias (that's alpaca-talk for baby alpacas). Learn what these South American natives offer the world and the small acreage farmer. Browse the farm store for unique affordable, as well as high-end, holiday gifts like hats, gloves, sweaters, throws, scarves, teddy bears, dolls, and more. Watch a local yarn-spinning circle and enjoy a guided tour of the farm. Kids can feed the alpacas and enjoy learning activities.

South on Vashon Highway through town to Cemetery Rd. SW, turn right (west) onto Cemetery at Seattle's Best Coffee, go approximately 2.2 miles, road becomes Westside Hwy SW. Turn left at the Westside Stables at 21204 Westside Hwy SW, go to end of gravel driveway.

W4 K-Jo Farm
20602 111th Avenue SW



Visit this critter-friendly homestead to find out how one couple produces much of their own vegetables, fruit, herbs, pesto, eggs, pigs, goat milk and goat cheese on just one acre, with enough leftover to share with neighbors and friends. Take a hayride, watch the cooking demonstration, and press your own cider! Check out the greenhouse and other outbuildings made largely from recycled or found materials, and the composting system where valuable vegetable waste, chicken manure and goat manure are cured and then returned back to the gardens.

South on Vashon Highway to SW 204th St., right (west) on 204th, down the hill, left on 111th Avenue SW, look for the yellow house two driveways on the left. Road side parking.



MAURY

W5 Colvos Creek Nursery
240th & Pt. Robinson Rd.

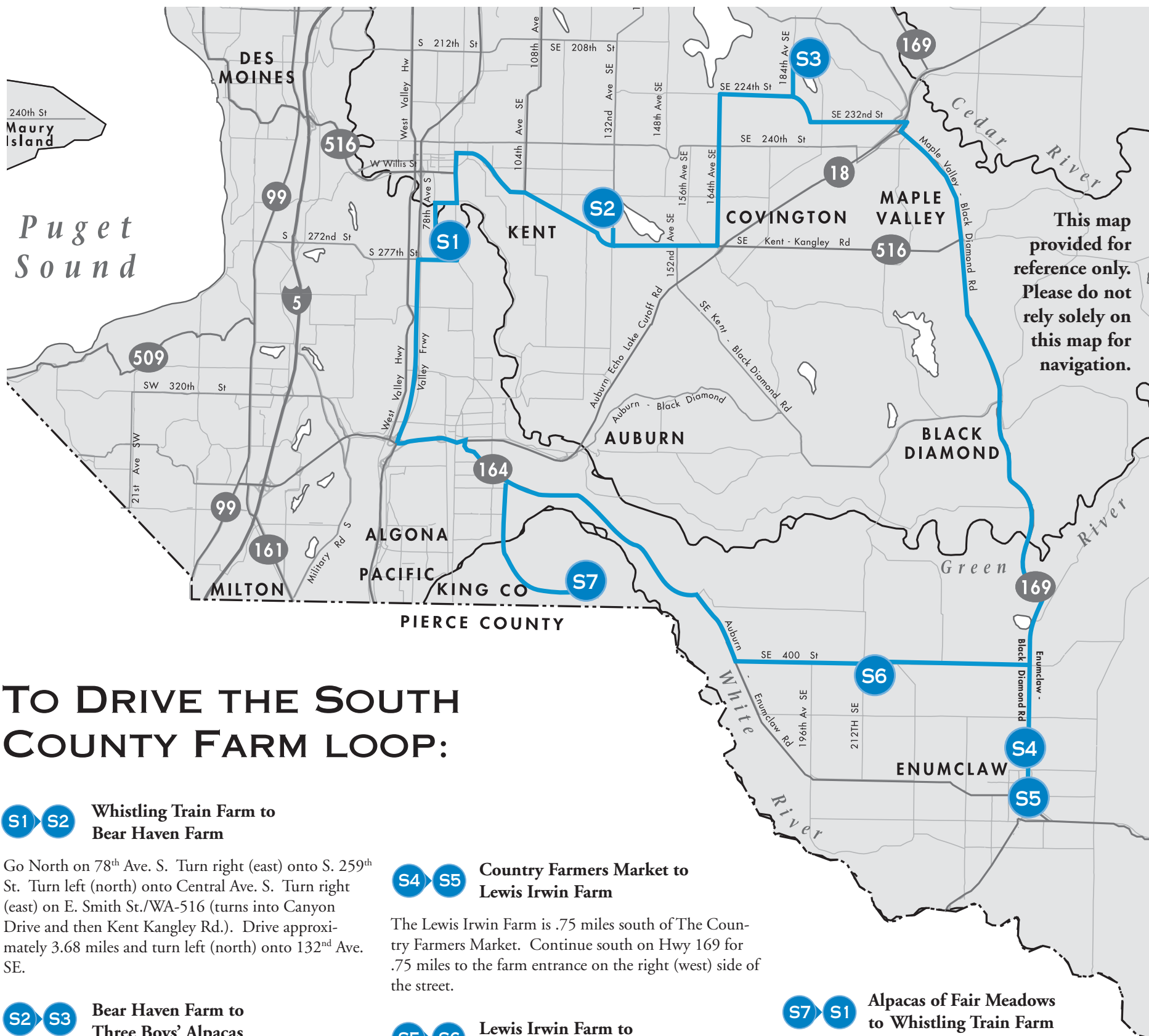


www.colvoscreek.com

Established in 1980, Colvos Creek is a specialty nursery providing Northwest and West Coast native, drought hardy, rare and hard-to-find trees, shrubs and perennials and the expertise in how to grow them at your home. Stop by to learn the benefits of growing natives and how to incorporate them into your landscaping plan.

King County Master Gardeners will be offering plant clinics and will be on hand to answer your plant-related questions.

South on Vashon Hwy; turn left (east) at 204th; turn right (south) on Monument Rd. Monument Rd. ends at Quartermaster Harbor Drive; turn left (east) on Quartermaster Harbor Drive. Quartermaster Harbor Rd. ends at Pt. Robinson Rd.; turn right (south) on Pt. Robinson. Follow Pt. Robinson Rd. until it Y's, stay left, follow until 240th and look for signs.



TO DRIVE THE SOUTH COUNTY FARM LOOP:

S1 S2 Whistling Train Farm to Bear Haven Farm

Go North on 78th Ave. S. Turn right (east) onto S. 259th St. Turn left (north) onto Central Ave. S. Turn right (east) on E. Smith St./WA-516 (turns into Canyon Drive and then Kent Kangley Rd.). Drive approximately 3.68 miles and turn left (north) onto 132nd Ave. SE.

S2 S3 Bear Haven Farm to Three Boys' Alpacas

Go back south on 132nd Ave. SE. Turn left (east) on SE 272nd St./ WA-516. Turn left (north) onto 164th Ave. SE, turn right (east) onto SE 224th St. At the end of 164th Ave. SE turn left (north) onto Peter Grubb Rd. SE, take a slight right onto 184th Ave. SE.

S3 S4 Three Boys' Alpacas to Country Farmers Market

Go back south on 184th Ave. SE, and take a slight left (southeast) on Peter Grubb Rd. SE. Peter Grubb Rd. SE becomes 192nd Ave. SE. Take a left (east) onto SE 232nd St. Just past Hwy 18, take a right onto Maple Valley Black Diamond Rd. SE (Hwy 169). Follow Hwy 169 for nearly 12 miles to the Country Farmers Market on the right (west) side of the street.

S4 S5 Country Farmers Market to Lewis Irwin Farm

The Lewis Irwin Farm is .75 miles south of The Country Farmers Market. Continue south on Hwy 169 for .75 miles to the farm entrance on the right (west) side of the street.

S5 S6 Lewis Irwin Farm to Rockridge Orchards & Bamboo

Go back north on 264th Ave. SE (WA Hwy 169). Turn left (west) onto SE 400th St. and go approximately 3.25 miles. Turn left (south) onto 212th Ave. SE.

S6 S7 Rockridge Orchards & Bamboo to Alpacas of Fair Meadows

Go back north on 212th Ave. SE. Turn left (west) onto SE 400th St. Turn right (northwest) onto Auburn Enumclaw Rd. SE (WA Hwy 164). Follow Hwy 164 for approximately 5.45 miles. Turn left (southwest) onto Riverwalk Dr. SE, turn left (south) on R St. SE. R St. SE becomes Kersey Way SE. Follow Kersey Way SE for approximately 1.06 miles, then turn left (east) onto 53rd St. SE.

S7 S1 Alpacas of Fair Meadows to Whistling Train Farm

Go back west on 53rd St. SE, and turn right (northwest) on Kersey Way SE. Kersey Way SE becomes R St. SE. Go under the bridge and turn left (west) onto 17th St. SE. Take a slight right onto Auburn Way S (WA Hwy 164). Merge onto WA Hwy 18 West via the ramp on the left (toward Federal Way/I-5/Tacoma. Merge onto WA Hwy 167 N toward Kent/Renton. Take the So 277th St. exit, and turn right onto S. 277th St. Turn left onto 72nd Ave. S. 72nd Ave. S becomes S 262nd St. Finally, turn right onto 78th Ave. S.

REMEMBER, THESE ARE WORKING FARMS. PLEASE RESPECT OFF-LIMIT AREAS AND LEAVE DOGS AND OTHER PETS AT HOME.

ENTER TO WIN!

Don't forget to pick up a **Farm Tour Passport** at any Harvest Celebration farm, and get it stamped for each farm you visit. Turn in your passport at the last farm you visit, or mail your stamped passport (postmarked by October 10, 2003) to: Harvest Celebration, WSU CE King County, 919 SW Grady Way, Suite 120, Renton, WA 98055. Enter to have a chance at winning one of these great prizes:

- A \$100.00 gift certificate from The Herbfarm to be used toward dining or an overnight stay courtesy of The Herbfarm Suites (5 winners)
- A copy of The Herbfarm Cookbook by Jerry Traunfeld (5 winners)
- One box of fresh, organic produce courtesy of Pioneer Organics (2 winners)

- A \$50.00 gift certificate courtesy of Colvos Creek Nursery (4 winners)
- \$25 worth of produce from any of the six Seattle Neighborhood Farmers Markets (4 winners)
- One Heritage Standard Bronze Turkey (uncooked, available in time for Thanksgiving) courtesy of Thundering Hooves Farm
- A Redhook Pub Gift Card worth \$35.00 (6 winners)
- One pound of ground, organic coffee courtesy of Seattle's Best Coffee (30 winners)
- One gift certificate for an overnight stay courtesy of Willows Lodge
- A worm bin courtesy of Washington State University King County Extension Master Gardening Program (2 winners)

KENT

S1

Whistling Train Farm
27127 78th Ave. W

www.whistlingtrainfarm.com



This 30-acre farm produces a great variety of vegetables nearly year-round, even in the fall, winter and early spring months, without using any chemical fertilizers, pesticides, or herbicides. Available now are eggs, sweet corn, artichokes, shell beans, beets, carrots, potatoes, cabbage, broccoli, cauliflower, radicchio, escarole, winter squash, and greens. Visit the chickens and pigs of all ages and the new pumpkin patch. Tours throughout the day. Public restroom available. *From Hwy 167, take Willis St. exit. Turn east on Willis, right on 3rd Ave. Cross bridge, the farm is less than 1 mile down on 78th Ave., on the right.*

S2

Bear Haven Farm
26705 132nd Ave. SE



The feel of soft wool, the baa's of baby lambs, and the fragrance of fresh bouquets all await visitors to Bear Haven Farm. Located within the city limits of Kent, this 3-acre farm supports a flock of Dorset and Targhee sheep, as well as a quarter-acre flower and vegetable garden. Samples of sheep fleeces will be on display, many for sale. Visitors are encouraged to pet and photograph the sheep.


Shear Leaders 4-H will be on hand to demonstrate sheep shearing and to answer questions about raising and showing sheep.

Spinners from the Northwest Regional Spinners Association will demonstrate how wool goes from sheep to yarn in only minutes. Bear Haven Farm regularly sells freezer lambs, feeder lambs, and breeding stock. Come enjoy the feel of the country while still in the city. *From Hwy 167 take the Kent/84th/Central exit and go south. Turn left at Smith St. (Hwy 516). At the top of the hill bear slightly right as the road becomes Kent Kangley. Go a couple miles and turn north (left) at 132nd Ave. SE. Farm is on the left, one house past the Park & Ride.*

S3

Three Boys' Alpacas
21233 184th Ave. SE

www.alpacasbydesign.com



Enjoy close-up exposure to wonderful alpacas! Two local farms will be also represented on site and will be available to share alpaca information. Extension Livestock Advisors will be on hand to answer livestock questions. Brad Rasmussen will be here to fiddle for us, and hand spinners and weavers will be sharing their skill at making yarn. We've set up an obstacle course to show how our apalcas can be trained. Enjoy the latest crias (baby alpacas) born to our farm. The Red Barn Country Store, located on the premises, will be open to the public during the Farm Tour. **Extension Livestock Advisors will be on hand to answer livestock questions.** *From Maple Valley Hwy (SR 169) turn south on SE 196th St. Cross Petrovsky Rd at yellow light, then go west on SE Lake Youngs Rd. Turn south on 184th Ave. SE, just in front of the chain link fence, the farm is on the west side of the road. Parking limited.*

ENUMCLAW

S4

Country Farmers Market
40709 264th Ave. SE

www.countryfarmersmarket.com



Country Farmers Market is a full service produce stand and 10-acre farm specializing in local produce and products, whose owners' vision is to support local farms and farmers. Relax or picnic under the large fir trees with vistas of the gardens and Mt. Rainier, take a self-guided tour of the farm and hunt the pumpkin patch for your perfect eating and carving pumpkins. Learn about bee-keeping at the honey-bee demonstration and pick up locally made jams, condiments and freshly baked bread. Public restrooms available. *Country Farmers Market is located 2 miles north of Enumclaw on the west side of Hwy 169.*

S5

Lewis Irwin Farm
41903 264th Ave. SE




Come meet long-time King County "ranchers," George and Paddy Irwin and their herd of Herefords! Lewis Irwin Farm raises Hereford cattle in an environmentally sustainable manner.

Land/Water Stewards will be on hand to conduct presentations and answer questions about the farm's efforts to raise cattle while preserving the salmon stream running through their 48-acres.

Watch demonstrations of fittings for show animals, and then take a walking tour of the fields and Newaukum Creek. **Extension Livestock Advisors will be on hand to answer livestock questions.** *Lewis Irwin Farm is located approximately 1.25 miles north of Enumclaw on State Route 169, which is also 264th Ave. SE. The farm is just down the road from the Country Farmers Market (see above), and the entrance to the farm is on the west side of the road.*

S6

Rockridge Orchards & Bamboo Groves
41127 212th Ave. SE



This established orchard on the Enumclaw Plateau specializes in over a dozen varieties of crisp, delicate Asian pears as well as bamboo. Visit the farm store to stock up on pears, pasteurized pear and apple ciders, bamboo plants, seeds, shoots and poles. Heirloom tomatoes, sweet corn, peppers and edamame also available. Relax in the teahouse and garden, sample fresh ciders made on site. Tours of bamboo groves and pear orchards throughout the day. Public restroom available. *From Auburn, take Auburn-Enumclaw Rd. (SR 164) southeast, turn left onto 400th St., then right at 212th Ave. SE. The farm is on the right side of the road.*

AUBURN

S7

Alpacas of Fair Meadows
4131 53rd St. SW

www.fairmeadowsfarm.com



This hilltop alpaca farm near Lake Tapps features family-friendly activities such as hand feeding and hugging alpacas, llamas, and chickens. Learn to spin alpaca fiber into yarn using a drop spindle, and watch rope making with llama fiber. Brochures on investment potential of alpacas will be available. Alpaca fleece, ready-to-spin alpaca fiber, yarn, patterns, knitting and crocheting notions, teddy bears, and llama/alpaca manure are just some of the items available for purchase.

From Hwy 164 (traveling northwest): Turn left (southwest) onto Riverwalk Dr. SW which will make several twists and turns. Stay on Riverwalk Dr. SW. Turn left (south) on R St. SE. R St. SE becomes Kersey Way SE. Follow Kersey Way SE for approximately 1.06 miles, then turn left (east) onto 53rd St. SE. The entrance to Fair Meadows will be on your left (the north side of the road).

From Hwy 164 (traveling southeast): Exit Hwy 164 by making a slight right (southeast) at Howard Rd. (Exit indicates "Game Park."). Howard Rd. ends at R St. SE, turn right (south) on R St. SE. R St. SE becomes Kersey Way SE. Follow Kersey Way SE for approximately 1.06 miles, then turn left (east) onto 53rd St. SE. The entrance to Fair Meadows will be on your left (the north side of the road).

KEY TO FARM SYMBOLS

-  Farms growing fruit, vegetables, and herbs
-  Farms raising animals
-  Farms raising trees and nursery plants
-  Farms with special educational events or demonstrations coordinated by WSU Extension King County
-  Farms offering music and/or storytelling
-  Public restroom available
-  Research Project Farm (see page 1)
-  Farms with managed livestock manure and bedding (see page 1)

PICCLEY WICCLEY FACTS

Market hogs usually weigh between 220 and 260 pounds. If kept indefinitely and permitted to eat as much as they like, hogs can attain a weight of 800 pounds or more!

Pigs do not have sweat glands. Instead they roll around in the mud, and when the water from the mud evaporates they are cooled. The dried mud also acts as a layer of sunscreen to protect their skin.

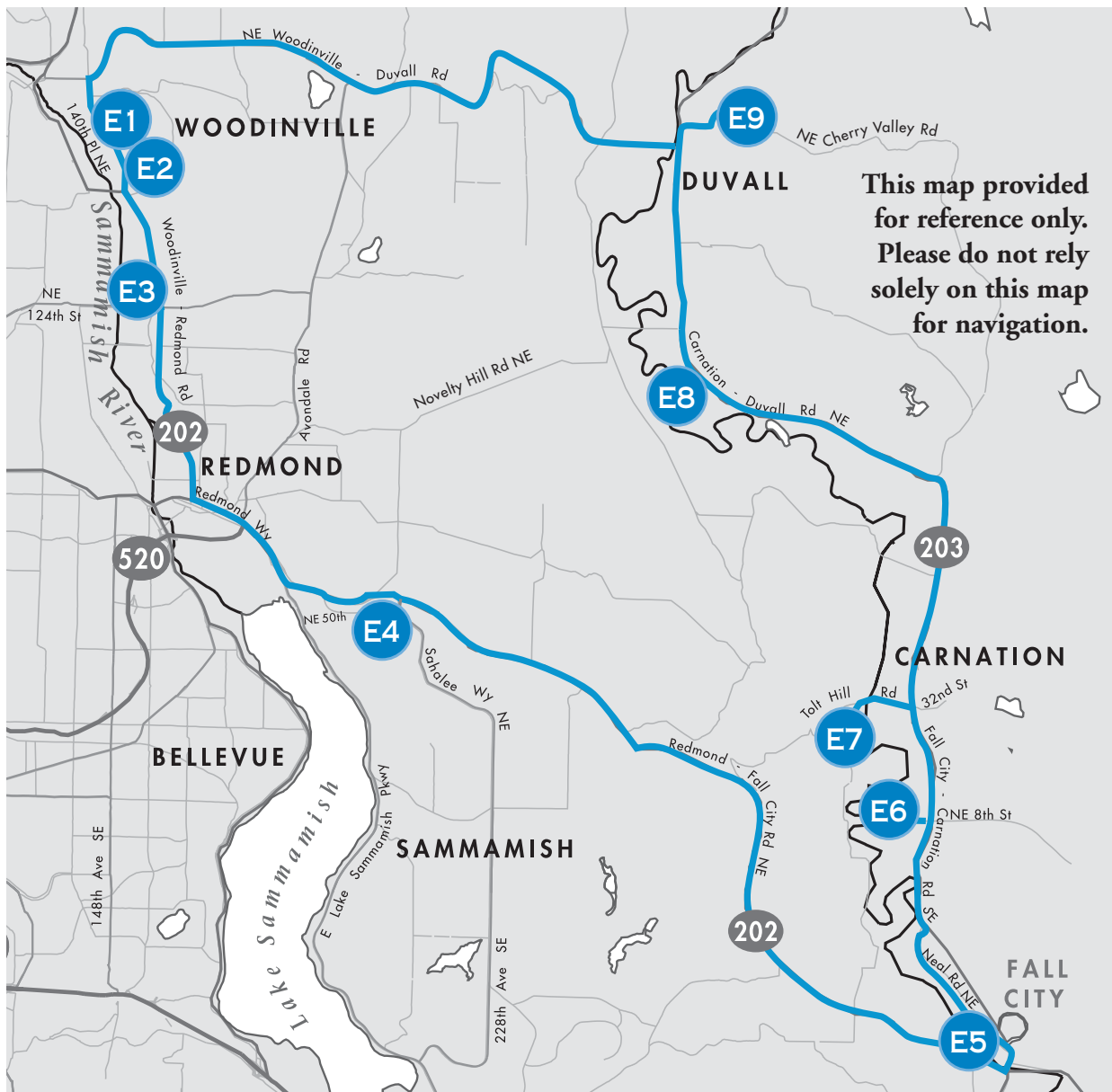


Most sows (female pigs) have two litters per year with 7 to 12 piglets in each.

A pig's most acute sense is smell.

Pigs are very efficient! For every three pounds of feed pigs eat they will gain one pound of body weight. In comparison, chickens or turkeys eat two pounds and steer seven pounds of feed to gain one pound in body.

A pig can run a seven-minute mile.



This map provided
for reference only.
Please do not rely
solely on this map
for navigation.

WOODINVILLE

E1

Red Barn Country Inn
16560 140th Place NE
www.abigredbarnbandb.com



An array of special farming activities awaits you at this farm just six blocks south of downtown Woodinville. Experience the art of wool cleaning, carding, spinning, and dyeing. Watch grape stomping and fruit preservation demonstrations. Practice your sleuthing skills on the farm's treasure hunt. Storytelling and live music are featured, as well as a petting zoo where you can watch the hatching of the farm's "movie chicks" recorded by the Woodland Park Zoo.

Learn about the opportunities for discovery, growth and fun through 4-H clubs who will be exhibiting their projects.

Enjoy high tea served by the Sammamish Valley 4-H members from their award winning Container Planting, the "Tea Pot."

You can also pick up farm fresh chicken or duck eggs, quality sheep wool, flowers, grapes, pumpkins, vegetables, honey, farm crafts, and bagged, composted manure for your garden. Public restroom available. **Extension Livestock Advisors will be on hand to answer livestock questions.** From I-405, take the NE 124th St. exit, continue east on NE 124th St. Turn left on Woodinville-Redmond Rd. (Hwy 202), go about 1.5 miles, cross NE 145th St., continue north, and the road becomes 140th Place NE. Follow 140th Place NE for approximately 1 mile.

E2

Olympic Nursery
16507 140th Place NE
www.olympicnursery.com



Visit this seventy-acre retail/wholesale nursery and farm operation featuring large caliper evergreen and shade trees as well as larger shrubs grown on farms throughout Washington, Oregon, Canada and California. Learn how an innovative approach to ag-tourism is being undertaken. In an unusual and exciting partnership with the Woodinville Heritage Society, Olympic Nursery is beginning construction of a series of "GardenWalks" which will feature themed gardens among farm fields. The new GardenWalk will draw pedestrians from the Sammamish River Trail to view the gardens, and it will eventually connect with the new home of the Woodinville Farmer's Market. The completed project will encompass nearly 100 acres of working farm, garden walks, an arboretum and demonstration farm projects.

From I 405, take the NE 124th St. exit, continue east on NE 124th St. Turn left on Woodinville-Redmond Rd. (Hwy 202), go about 1.5 miles, cross NE 145th St., continue north, road becomes 140th Place NE, nursery is about 1 mile down the road on the left side.



TO DRIVE THE EAST COUNTY FARM LOOP:

E1 → E2

Red Barn Country Inn to Olympic Nursery

Olympic Nursery is just 1/2 block south of The Red Barn and across the street at 16507 140th Place NE.

E2 → E3

Olympic Nursery to The South 47 Farm

Head southeast on 140th Place NE. Take a slight right onto 148th Ave. NE. 148th Ave. NE becomes Woodinville Redmond Rd. (WA Hwy 202). Follow Hwy 202 for approximately .84 miles.

E3 → E4

The South 47 Farm to Serres Farm

Continue travelling south on Hwy 202 for approximately 3.5 miles, and Hwy 202 turns into 164th Ave. NE. Follow 164th Ave. NE, turn left (east) on Cleveland St., then a slight right on Redmond Way (WA Hwy 202). Redmond Way becomes Redmond-Fall City Rd. (still Hwy 202). After approximately 2.13 miles, turn right (south) onto 196th Ave. NE. Turn left (east) on NE 50th St.

E4 → E5

Serres Farm to Fall City Farm

Go east on NE 50th St. Turn left (north) onto Sahalee Way NE. Turn right (east) onto Redmond Fall City Rd. NE (WA Hwy 202). Continue to follow Hwy 202 for 11.43 miles. Turn left onto Fall City Carnation Rd. SE (WA Hwy 203). Make an immediate left (west) onto Neal Rd. SE and drive .5 mile to the farm.

E5 → E6

Fall City Farm to Full Circle Farm

Return to Fall City Carnation Rd. SE (WA Hwy 203) by either turning around (shorter) OR continuing north on Neal Rd. SE. Neal Rd. SE is a "loop" road starting and ending at WA Hwy 203. Turn left (north) on Hwy 203. Turn left (west) onto NE 8th St. Full Circle Farm will be on your right.

E6 → E7

Full Circle Farm to Jubilee Farm

Retrace your steps to Fall City Carnation Rd. NE (WA Hwy 203). Turn left (north) onto Hwy 203. Go for approximately 1.58 miles and turn left (west) onto NE Tolt Hill Rd. just before Griffen Creek. Make a slight left onto W. Snoqualmie River Rd. Jubilee Farm will be on your left in approximately 2.29 miles.

E7 → E8

Jubilee Farm to Oxbow Organic Farm

Retrace your steps to Fall City Carnation Rd. NE (WA Hwy 203). Turn left (north) onto Hwy 203. Hwy 203 will turn into Carnation Duvall Rd. NE. Follow Hwy 203 for approximately 6.05 miles. Turn left (west) into the marked gravel driveway and follow it to the farm.

E8 → E9

Oxbow Organic Farm to Cherry Valley Farm

Continue north on Carnation Duvall Rd. (Hwy 203) through Duvall. Turn right (east) on NE Cherry Valley Rd. at the edge of town. The farm is just across and down the hill from Cherry Valley Elementary School.

E9 → E1

Cherry Valley Farm to Red Barn Country Inn





Go back (west) on NE Cherry Valley Rd., which will turn into Main Street. (Hwy 203). Turn right (west) onto NE Woodinville Duvall Rd. and follow it for nearly nine miles. When NE Woodinville Duvall Rd. becomes NE North Woodinville Way, turn left (south-west) continuing on NE Woodinville Duvall Rd. Turn left (south) onto 140th Ave. NE. 140th Ave. NE will become 140th Pl. NE, and Red Barn Country Inn is at 16560 140th Place NE.

REDMOND

E3

The South 47 Farm

15410 NE 124th St.



www.south47farm.com

This farm in the Sammamish Valley is in full swing with a lively mix of fall decorations, flowers, pumpkins, and herbs. Bring the kids and choose a pumpkin from the pumpkin patch; try your luck in the corn maze or bean pole maze; take a hay ride around the farm, or settle down for some fun storytelling, live music, or arts & crafts. You can also visit the Farm LLC table to learn about efforts to preserve Sammamish Valley farmland. Public restroom available.
On NE 124th St., just west of Woodinville-Redmond Rd. (SR 202)

E4

Serres Farm

20306 NE 50th St.



Come take a hayride or tour this farm's recently restored historic barn. In the pumpkin fields every type of pumpkin — from teeny Jack Be Littles to huge Atlantic Giants, scarlet French pumpkins, white Luminas, pie pumpkins — and interesting gourds await your discovery and adoption. See if you can guess the message in the Corn Maze! Corn stalks available for fall decorating. Public restroom available.
Take Hwy 520 east to the Fall City/SR 202 East exit, take Redmond-Fall City Rd. (SR 202) east toward Fall City. At 2.5 miles, turn right (south) at the Gray Barn Nursery onto Sahalee Way, then take the first right (west) onto NE 50th St., drive .25 mile to farm on the right.

FALL CITY

E5

Fall City Farms

3636 Neal Rd.






Come on out to this farm to play in the sunflower house or create your very own scarecrow. View the astonishing pumpkin wall, meet the farm animals, pick your own vegetables and learn about bee-keeping and collecting honey. In the farm store browse the large selection of chemical-free vegetables as well as grilling sauces, mustards, bread spreads, honey and more. A picnic area is also available for your enjoyment. Public restroom available.
From Fall City drive north on SR 203 towards Carnation, take the first left in about 50 yards onto Neal Rd. Go .5 mile to the farm, take the gravel drive to the barns and parking.

CARNATION

E6

Full Circle Farm

31904 NE 8th St.








www.fullcirclefarm.com

Certified organic vegetables, flowers, and herbs from this diverse 130-acre farm are featured on the dinner menus of many fine Seattle restaurants and are also available at Seattle area farmers markets and by "subscription." Check out their web site to learn more about the farm. Stop by for self-guided tours throughout the day, and pick up corn, peppers, garlic, and lots more farm fresh produce onsite. Public restroom available.
On Carnation-Fall City Rd. (SR 203), turn west on NE 8th St. just south of Carnation. The farm is 200 yards down the road.

E7

Jubilee Farm

229 W Snoqualmie River Rd. NE



www.jubileefarm.org

Take your pick of a horse-drawn covered wagon ride or a hayride on this scenic Snoqualmie Valley farm. Afterwards try your luck at the hay bale maze and enjoy fresh corn on the cob. You'll enjoy meeting the farm animals, resting in the picnic area, or shopping for pumpkins and seasonal produce inside the restored barn. Learn how the farmer turns out scrumptious heirloom tomatoes in the greenhouse. Public restroom available.

Watch local chefs from Café Juanita and Baci Restaurant and Catering demonstrate how to cook with delicious, local, organic farm produce. Cooking demonstrations begin at 12:00 noon.
From Carnation-Fall City Rd. (SR 203), turn west on NE Tolt Hill Rd. just south of Carnation at the bridge. Continue across the valley, over bridge, turn south on W Snoqualmie Valley River Rd. (From Redmond-Fall City Rd., turn east on Tolt, then south on W Sno Valley River Rd.) Look for the big white barn at 2.2 miles.

E8

Oxbow Organic Farm

10819 Carnation-Duvall Rd. NE



www.speakeasy.org/~oxbowfarm/






Visit this organic farm on a 100-acre nature preserve in the Snoqualmie Valley. The heart of this preserve is an "oxbow" lake, which provides critical habitat for salmon and other wildlife. Take a self-guided tour through the fields, find out about the native restoration efforts on this farm, check out the produce stand filled with the season's bounty, and talk with friends from Thundering Hooves about beef and poultry. This energetic farm is a strong part of the valley's foodshed! Public restroom available.
From Carnation-Fall City Rd. (SR 203), turn west onto the gravel drive at 10819. There will be a big black mailbox with the number, an orange triangle reflector, and directional signs. Follow the gravel drive along the lake to the gardens and greenhouse.

DUVALL

E9

Cherry Valley Farms

26900 NE Cherry Valley Rd.





Take a self-guided tour of Snoqualmie Valley's newest dairy including the calf barn, milking parlor and loafing shed. Don't miss the pumpkin patch and the farm market for "free-farmed" Vitamilk dairy products and hand-dipped ice cream cones, as well as fresh produce, flowers, local cheeses, ciders, jams, and jellies from Sno-Valley farmers. After a day of touring stick around for barbecue from 5 p.m. to 7 p.m. followed by a real old-fashioned barn dance.
North on Carnation-Duvall Rd. (Hwy 203) to Duvall, turn right on NE Cherry Valley Rd. at the edge of town, farm is just across and down the hill from Cherry Valley Elementary.

KEY TO FARM SYMBOLS

-  Farms growing fruit, vegetables, and herbs
-  Farms raising animals
-  Farms raising trees and nursery plants
-  Farms with special educational events or demonstrations coordinated by WSU Extension King County
-  Farms offering music and/or storytelling
-  Public restroom available
-  Research Project Farm (see page 1)
-  Farms with managed livestock manure and bedding (see page 1)

REMEMBER, THESE ARE WORKING FARMS. PLEASE RESPECT OFF-LIMIT AREAS AND LEAVE DOGS AND OTHER PETS AT HOME.



Kid's Farm Art Drawing Contest

Hey Kids! Pick up an entry for the Farm Art Drawing Contest and borrow crayons at any farm on the tour, then draw pictures showing what you learned about farms today. When you are finished, you can ask your parents to leave your art with our fabulous volunteers at any farm, or mail it in to farm tour headquarters (postmarked by October 10, 2003). Our friendly judges at King County 4-H will admire your work and award fun prizes to be sent by special mail delivery. Mail your completed entries to: Farm Art Drawing Contest, Harvest Celebration, WSU CE King County, 919 SW Grady Way, Suite 120, Renton, WA 98055

VOLUNTEER OPPORTUNITIES

WHAT CAN YOU DO TO PROTECT & PRESERVE LAND & WATER RESOURCES OF KING COUNTY?

LAND/WATER STEWARD PROGRAM

Become a Land/Water Steward!

Whether you'd like to join citizen efforts to restore urban creeks in Seattle or help preserve the rural watersheds of King County, you can learn the latest on protecting land and water resources by becoming a Land/Water Steward.

Classroom and field training emphasize practical watershed stewardship including such topics as: watershed science, salmon enhancement, forest resources, wetlands, geology, hydrology, wildlife, and interactions between people and watersheds. Instruction is provided by an array of experts from WSU Cooperative Extension, public agencies, private organizations and citizens groups.

Since its inception in 1990 the program has trained more than 250 King County volunteers to help others make educated choices about the use of our land and resources. While the training is free, participants agree to volunteer time to share what they learn with others. To find out more about future trainings, call 206-205-3171.

HARVEST CELEBRATION FARM TOUR AND SMALL FARM EXPO

Volunteer for next year's Harvest Celebration Farm Tour or Small Farm Expo!

We'd love your help greeting farm visitors, distributing Farm Tour maps, creating and delivering sandwich board signs, soliciting donations, answering general questions, making phone calls to other volunteers, and facilitating at children's drawing tables. It's never too early to sign up!

If you're interested in volunteering for the Harvest Celebration or the Small Farm Expo, please contact jennifer.waller@metrokc.gov or phone 206-205-3206.

The information presented here will be made available in alternative formats for individuals with disabilities. Please call 206-205-3206 or TTY 711.

LIVESTOCK ADVISOR PROGRAM

Learn about caring for your livestock and how you can share this knowledge with others!

The Extension Livestock Advisor Program trains volunteers to help local livestock owners improve the stewardship of their animals and land. Currently there are over 30 active advisors in King and Pierce counties.

Advisors participate in a 10-week training program, plus two field trips, followed by 80 hours of educational service back to their communities. If you are interested in becoming a Livestock Advisor, please watch our training page at www.metrokc.gov/wsu-cel/LiveStock/training.htm for the next scheduled training session (usually beginning late fall).

If you are a rural landowner, own livestock, or are involved with 4-H and would like to contact a Livestock Advisor, please call our Livestock Hotline at 206-205-3111 or e-mail Greta Cook, Extension Livestock Advisor Coordinator at greta.cook@metrokc.gov. In Pierce County call 253-798-7028.



Sylvia Kantor
Extension Faculty, Agriculture & Natural Resources,
King County

WSU Cooperative Extension King County
Harvest Celebration Farm Tour
919 SW Grady Way, Suite 120
Renton WA 98055-2980

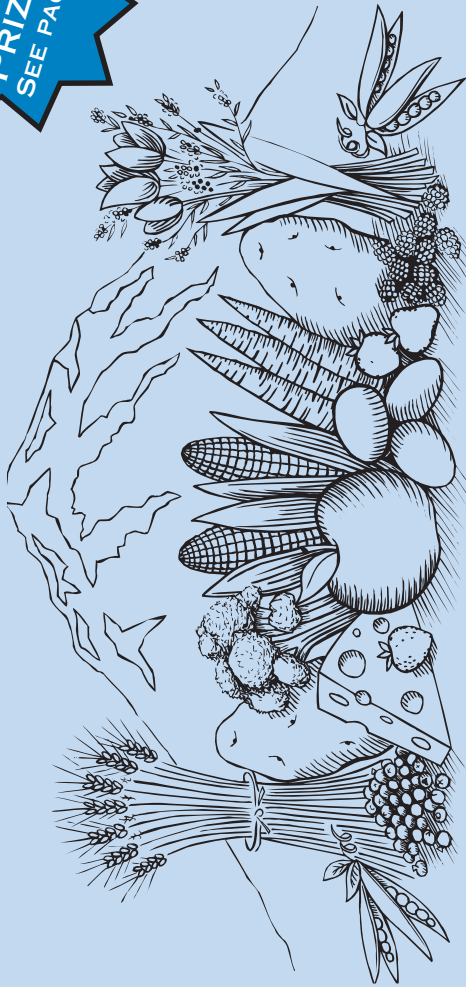
Cooperating agencies: Washington State University, U.S. Department of Agriculture, and King County. Cooperative Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Cooperative Extension office.

PIGS - PUMPKINS - CHICKENS - CIDER - HAZELNUTS - ALPACAS - VEGETABLES

5TH ANNUAL KING COUNTY HARVEST CELEBRATION FARM TOUR

OCTOBER 4 10AM TO 4PM

WIN
PRIZES!
SEE PAGE 4



GO LOCAL – EXPERIENCE YOUR PUGET SOUND FOODSHED!

ORGANIC PRODUCE - SHEEP - FLOWERS - HONEY BEES - ASIAN PEARS - COWS

BROUGHT TO YOU BY:



IN PARTNERSHIP WITH:

